

# Newsletter

Our mission is to provide affordable and comprehensive mental health services to children, adults, couples and families in our community.

## BOARD NEWS:

At its annual meeting in October 2014, the Board unanimously re-elected President Elma Rambo, LCPC, former Manager of the Montgomery County Commission for Women Counseling Center, and elected Beth Smith, LCSW-C, as a new member to a three-year term. The Board and all of ACCI also thank Aggie Harrell, LCPC, Professor and Counselor, Montgomery College, for her years of service on the Board.

## THE YEAR IN NUMBERS

In 2014, our clinical staff served more than 300 patients (men, women, adolescents, children, couples) in more than 3,500 therapy sessions. Nearly one third of our patients are uninsured or underinsured, and because of the generosity of our donors, they are able to use our sliding scale to pay an average fee of less than \$30 per session. We also work with patients who have Medical Assistance (20 percent) or Medicare (6 percent), and private insurance (43 percent).

## SAVE THE DATE!

Please plan to join us for dinner on Friday, May 8, 2015, our annual fundraiser to benefit the mission of Affiliated Community Counselors. For more information email [jthayer@accirockville.org](mailto:jthayer@accirockville.org)



Overcome Barriers that Limit your Full Potential

*"For more than two years, I was severely depressed, battling health problems and grieving the death of two loved ones. I was so depressed that I couldn't sleep, continue to work, or perform simple tasks. My daughter took care of me, which made me feel helpless and more depressed. I started therapy. It has helped me deal with my problems and provided me with a plan to get my life back. I went from not wanting to leave my house, to getting excited about attending my weekly therapy sessions. After less than one year, I don't need assistance anymore to cook, clean, or do my day-to-day activities. I am on my way back to being my normal self and I owe it all to therapy for giving me the courage to fight back"*



Thank you to all who supported ACCI in 2014:

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Rudy White  
William and Carolyn Wolfe  
Heather Wright

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For fundraising questions please contact Jody Tabner Thayer at [jthayer@accirockville.org](mailto:jthayer@accirockville.org)